

CBG 'n Me

-Energy Bites-



Ingredients



- 1 cup dry oat
- $\frac{1}{4}$ cup almond butter
- $\frac{1}{4}$ cup honey
- 1 banana
- $\frac{1}{2}$ cup chocolate chips

Instructions

- Place oats, almond butter, honey and chocolate chips in a large bowl and mix



- Mash up the banana and add it to the oats mixture



- Place the bowl in the refrigerator for 60-90 minutes or until the mixture is solidified.



- Roll mixture into bite size balls



- Serve immediately and ENJOY!

Energy bites make a great SNACK!